

NOVEMBER 17, 2023

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School



509-291-3721

HAVE YOU COMPLETED REGISTRATION FOR YOUR STUDENT?

Every year we are required to have certain forms completed by parents/guardians through Family Access. These forms help us gather important information such as student health updates, address/phone changes, Free/Reduced Lunch applications and more to make sure we are providing the best possible educational services for your students as well as have important health and safety information.

These forms can be completed online in just a few steps by logging into Family Access then selecting "FSH Registration for all Returning Students" on the side navigation bar. Please log in ASAP and make sure you have completed this process.

Please note: this is different that athletic forms in Final Forms.

Complete Forms Now



The Freeman School District complies with all federal and state rules and regulations and does not discriminate on the basis of age, sex, marital status, race, color, creed, national origin, disability or the use of a trained guide dog or service animal by a person with a disability, sexual orientation, including gender expression or identity, veteran or military status, and provides equal access to the Boy Scouts of America and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX officer and/or Section 504/ADA coordinator: Randy Russell, Ph.D., Superintendent, 15001 S. Jackson Road, Rockford, WA 99030, 509-291-3695.

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43RD ALUMNI BASKETBALL TOURNAMENT

DECEMBER 27TH & 28TH, 2023



[Click here for
more details](#) 

BLOOD DRIVE


Because of you, life doesn't stop.





FREEMAN HIGH SCHOOL BLOOD DRIVE

TUESDAY, NOV. 21ST
8:30AM – 12PM

**SIGN
UP
HERE!**




**APPOINTMENTS**
are encouraged.


**POWER UP**
Ask us how you can
POWER UP your donation.


#BecauseofYou, the future of our nation's blood supply is being built today. As our most loyal and frequent blood donors become older, young people are the future of our nation's blood supply; the future of ensuring blood is available for every patient in need.


16 and 17 year old donors
– Please fill out a parent
permission form before
the blood drive.

To make an appointment:

**SCAN QR**
code or visit
Vitalant.org

**CALL**
877-258-4825
877-25-VITAL

**Use the**
VITALANT
DONOR APP

**vitalant.**
Blood Donation



- NOVEMBER 21ST**
Vitalant Blood Drive 8:30-noon
- NOVEMBER 22ND**
Early Release
- NOVEMBER 23RD-24TH**
NO SCHOOL - Thanksgiving Break
- NOVEMBER 28TH**
Winter Sport Team Photos
After School with Leos
- NOVEMBER 29TH**
LATE START - 10:15AM
School Board Mtg. 6pm K8MPR
- DECEMBER 13TH**
School Board Mtg. 6pm K8MPR
Band & Choir Concert 7pm
- DEC 16TH - JAN 1ST**
NO SCHOOL - Winter Break

A listing of High School events can be found under the High School website at the "[Calendar](#)" tab.



CTE



CTE STUDENT ACTIVITIES THIS WEEK:



Mr. Orrino's Introduction to Agriculture class went on a visit to a logging site that is managed by the Inland Empire Paper Company. Students were able to learn about how trees are logged, the process of creating pulp for paper and the career options available in the field of forestry.



Students attended the Business After School: Pathways to Healthcare Careers at WSU Spokane this last week. The WSU Health Sciences campus offers degree programs in Medicine, Pharmacy, Nursing, Speech and Hearing and Nutrition and Exercise Physiology. Our students were able to tour these programs and get educational hands-on experiences. Thank you Greater Spokane Inc. for organizing this event!

IMPORTANT COLLEGE & CAREER READINESS DATES:

- November 21: Army National Guard during Scottie Time
- November 30: Information Session @ SCC for Respiratory Care 3-4:30pm
- December 5: WSU Instant Decision Event 10-11am Library
- January 10: Washington State Opportunity Scholarship opens



CLASS OF 2027 BOOSTER FUNDRAISER

promise
SOAP COMPANY

Support the Class of 2027 by purchasing organic, foaming hand soap and sustainable glass bottles with your choice of:

- CITRUS
- LAVENDER
- EVERGREEN
- UNSCENTED



Up to 35% of purchase price goes directly to the Class of 2027 Senior All-Nighter!

Fundraiser Dates: November 6-27

ORDER TODAY!



Start a soap subscription with a Welcome Kit or order one of the Gift Boxes. Great for every home and a perfect gift for the holidays!

Scan the QR code and enter FREEMAN2027 at checkout

-or-

Use the link below to automatically apply the code at checkout

<https://www.promisesoap.com/discount/FREEMAN2027>

Enter your STUDENT'S NAME in the NOTES FIELD at checkout for easy pickup! Every student with two or more subscriptions assigned to their name at checkout will receive a Freeman cinch sack!

All orders will be delivered to the school within two weeks once the fundraiser ends, just in time for the holidays! Evening pickup times will be made available for students with several orders.



With every subscription purchased, The Promise Soap Company will give us a bottle of soap! Help us reach our goal to provide a bottle of soap for every Teacher and Staff at Freeman High School!

*If ordering a subscription the initial order purchased during the fundraiser will be delivered to the school, all future subscription orders will be shipped to the address entered during checkout.

BETTER SOAP FOR A BIGGER PURPOSE

Class
of
2024



Senior All-Nighter
Sponsored by
The 2024 Senior Parents Group

**SUPPORT OUR
GRADUATES!**

Help us raise funds
for the senior class all-nighter.



\$150

SPONSORS 1 FREEMAN SENIOR
TO PARTICIPATE IN
ALL EVENTS OF THE SENIOR ALL-NIGHTER
JUNE 8TH 2024

CONTRIBUTE THROUGH THE QR CODE ABOVE
ALL DOLLAR AMOUNTS ACCEPTED
THIS IS NOT A FREEMAN ASB SPONSORED EVENT



NEW CHRISTMAS
WREATHS



CHRISTMAS WREATHS



CENTERPIECES



TABLETOP TREES



GIFT BOXES



GARLAND

FFA
Wreath Sale

The annual FFA Wreath Sale is now live through Lynch Creek! 15% of all purchases go back to our FFA students. Please share the link with friends and family.



Upcoming Sports



11/17 - Varsity @ Union Stadium - 2nd Round of State vs. Lakeside 7pm
GoFan only - purchase tickets here



11/21 - Blue & White Scrimmage @ Home
Girls - 5:45pm, Boys - 7pm



11/20 - Black & Blue Scrimmage @ Home 5:30pm

Important Sports Links:



[Pay Fines/Fees](#)



Winter Sports Admission Prices/Passes

Admission to all league games is \$7/adults and \$5/seniors or away students. Freeman High School & Middle School students get into home games for free with their ASB card. We accept cash and check at the gate as well as GoFan tickets whether you purchase them ahead of time on your device or at the gate with debit/credit card (fees apply).

We offer season passes for all home, regular-season games. This year ALL season passes must be purchased through GoFan. Below is a link to purchase them directly. Please note that the family passes include two adults and your children in Kindergarten - 6th grade. Senior passes are individual passes for seniors 60+.

Winter Season Family Pass \$141.46 (fees incl.)

Winter Season Individual Senior Pass \$ 44.00 (fees incl.)



Every four years, the WIAA conducts their classification process to determine which classification (4A, 3A, 2A, 1A, 2B or 1B) each Washington HS will compete in. Please click on the image above to be directed to our website to watch a brief video and read the other resources that are available to educate yourself about how the process works. The Freeman School Board will have a work session on 11/29 at 5pm in the K-8 MPR regarding this topic. Chad Ripke and Mike Allen will present the most updated information pertinent to both the NEA League (1A) and the 2B League.



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Regular Schedule		
0	7:00 - 7:50	50 min
1	8:15 - 9:05	50 min
2	9:10 - 10:00	50 min
SCOTTIE BREAK	10:00 - 10:10	10 min
ADVISORY	10:13 - 10:35	22 min
3	10:40 - 11:30	50 min
4	11:35 - 12:25	50 min
LUNCH	12:25 - 12:55	30 min
5	1:00 - 1:50	50 min
6	1:55 - 2:45	50 min

2 Hour Late Start		
1	10:15 - 10:51	36 min
2	10:56 - 11:32	36 min
3	11:37 - 12:13	36 min
LUNCH	12:13 - 12:43	30 min
4	12:47 - 1:23	36 min
5	1:28 - 2:04	36 min
6	2:09 - 2:45	36 min



ATTENDANCE LINE

We do not have an "attendance only" phone number at the high school. Please call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply [here](#).

SCOTTIE BREAK We have brought back Scottie Break at the High School this year. A light snack will be available for students to purchase from 10:00am - 10:10am. Cost: \$2.20

LUNCH - served at the High School in the MPR. Cost: \$3.50



ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.



ATHLETICS AUCTION & Dinner Fundraiser

February 3rd | 5:30pm
Coeur d'Alene Casino & Resort

Join us for a fun evening featuring a social hour, silent & live auction and dinner to raise funds for officials fees, sports travel, equipment and more.

TICKETS

\$50/PERSON

\$375/TABLE OF 8

Purchase a table & sit with friends for
RESERVED SEATING. Individual tickets and
couples will be OPEN SEATING.

How to get involved...

- ✓ Purchase tickets and attend (we sold out last year)
- ✓ Donate & help procure items by January 8th
- ✓ Volunteer to work on the committee or help set up/tear down
- ✓ Extend the fun and stay the night with our discounted room block - use booking id# 11671 CALL 1-800-523-2464 (sold out last year)



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If you have questions, would like to donate or volunteer please email khayek@freemansd.org

Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of "Y" or "Yes" to our school's short code number, **67587**.

You can also opt out of these messages at any time by simply replying to one of our messages with "Stop".


SchoolMessenger is compliant with the [Student Privacy Pledge™](#) so you can rest assured that your information is safe and will never be given or sold to anyone.



**Opt-In from
your mobile
now!**



**Just send "Y"
or "Yes" to
67587.**

 **Information on SMS text messaging and Short Codes:** SMS stands for Short Message Service and is commonly referred to as a "text message". Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as "short code" texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers.

If you've ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions: Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/tm for more info.



Clara



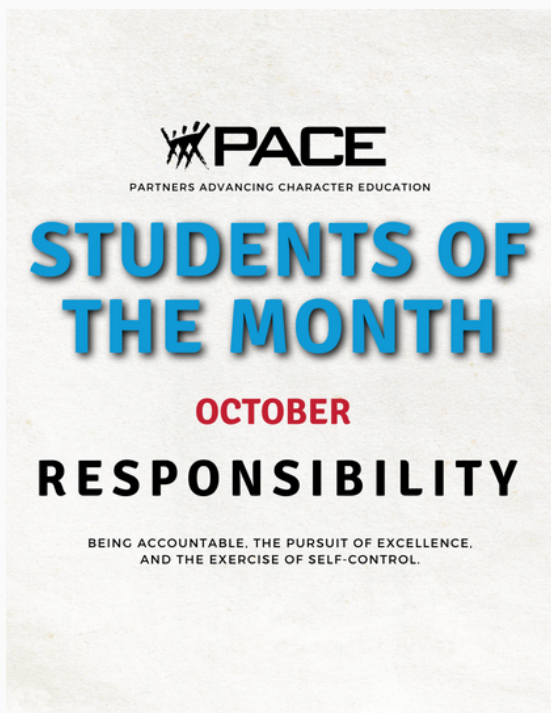
Oliver



Kassie



Josiah



Addison



Jack



Kate



Luke

Student HIGHLIGHTS



Photos by: Cierra Hayek

Student HIGHLIGHTS



Football vs. Montesano
11/10/23
Freeman 28, Montesano 21

FOOTBALL



Photos by: Lane Mathews

Student HIGHLIGHTS



Congratulations to our JV & Varsity Knowledge Bowl Teams on sweeping Ritzville and Almira at the first competition of the 2023 season!